



# Start fresh

## School Employees' Health Benefits Program

Garden State Health Plan — Aetna Whole Health<sup>SM</sup> New Jersey network

The Garden State Health Plan uses the Aetna Whole Health New Jersey network of providers. When you need care, you'll choose providers from within this network.

It's a fresh way of looking at health care. And it's set up to help improve the quality of care you and your family receive, provide a better health care experience and save you money.

### Your care team will work with you to:

- Help keep you healthy or improve your health, not just treat you when you're sick or injured
- Better coordinate your care and keep tabs on your prescriptions, lab results, health history and more
- Spot problems and build personalized care plans to treat you
- Encourage you to play an active and informed role in your health and health care decisions

With the Aetna Whole Health New Jersey network, you have access to providers in all 21 New Jersey counties, so you and your family can find care where you need it.

### The network includes:

- 6,150+ primary care doctors
- 30,000+ specialists
- 35 hospitals
- 240+ urgent care facilities



Garden State Health Plan active members, as well as covered spouses and domestic partners, can each **earn a \$250 reward** for completing a health assessment, biometric screening and wellness activities.



### Questions?

Scan the code to call your **Aetna Concierge Service Team** at **1-877-StateNJ (1-877-782-8365) (TTY: 711)**.

Be sure to reference the SEHBP Garden State Health Plan.



# Garden State Health Plan benefits

The chart below lists important plan features and benefits.

This plan lets you visit any doctor in the Aetna Whole Health<sup>SM</sup> New Jersey network without a referral. It's your choice. Just remember that your out-of-pocket costs will be lower when you choose in-network providers.

Garden State Health Plan — Aetna Whole Health NJ		
	In network	Out of network
<b>Deductible</b>	\$0	\$350 Individual \$700 Family
<b>Out-of-pocket maximum</b>	\$500 Individual \$1,000 Family	\$2,000 Individual \$5,000 Family
<b>Coinsurance</b>	10%	30%
<b>Preventive care</b>	Covered at 100%	Not covered*
<b>Primary care doctor visit</b>	\$10	30% after deductible
<b>Specialist office visit</b>	\$15	30% after deductible
<b>Chiropractic visit</b> (30 visits combined in and out network)	\$15	Maximum dollar limit \$35
<b>Diagnostic (lab work and X-rays)</b>	\$0	30% after deductible
<b>Emergency room</b>	\$125	\$125
<b>Urgent care center</b>	\$15	30% after deductible
<b>Ambulance</b>	10%	30% after deductible
<b>Durable medical equipment</b>	10%	30% after deductible
<b>Physical therapy</b>	\$15	Maximum dollar limit \$52
<b>Acupuncture</b>	\$15	Maximum dollar limit \$60
<b>Mental health services</b>		
- Inpatient	\$0	30% after deductible
- Outpatient	\$15	30% after deductible

\* Annual ob/gyn exam, annual mammogram, annual Pap test and well-child immunizations up to 12 months old are covered at the plan's standard out-of-network coinsurance level after the deductible.

**Note:** If you receive care outside the state of New Jersey, you'll be covered **for emergency services only**. Any non emergency care will not be covered by the plan, and you'll have to pay the full amount out of pocket.

- Benefits for out-of-network services are based on 200% of the Centers for Medicare & Medicaid Services (CMS) fee schedule.
- If your out-of-network provider charges more than the allowed amount, you're responsible for any expenses above that amount. This is in addition to your out-of-network deductible, coinsurance or copay. Any amount you pay above the allowed charge also doesn't apply to your out-of-pocket maximum.
- This is not a complete list of all covered services. Exclusions and limitations apply to some services.

For self-funded plans, coverage is offered by your employer, and administrative services are provided by Aetna Life Insurance Company (Aetna).

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[AetnaStateNJ.com](https://www.aetna.com) | 1-877-782-8365 (TTY: 711)

